



ESC (European Solidarity Corps in Alba Jussà)

—
Leisure Activities
Volunteering
Residences
Work Inclusion
Awareness

A place plenty of opportunities.

Alba Jussà

Alba Jussà was born under the cooperation of Associació Alba and “Consell Comarcal del Pallar Jussà (regional public administration) to help and enrich the quality of life of people with disabilities or mental health from this region

- ▶ We offer services which contribute to inclusion and personal, social and labour development of people.
- ▶ We strengthen activities which promote the volunteering and awareness of populations, local, regional and also European (under the ESC program)
- ▶ We hatch a network with people and local associations from our territory to detect new opportunities to develop Alba Jussà in a community project.



▶ Mission

Alba Jussà pretends counselling the people to develop their desires and objectives giving them resources and quality services through promoting an inclusive territory.

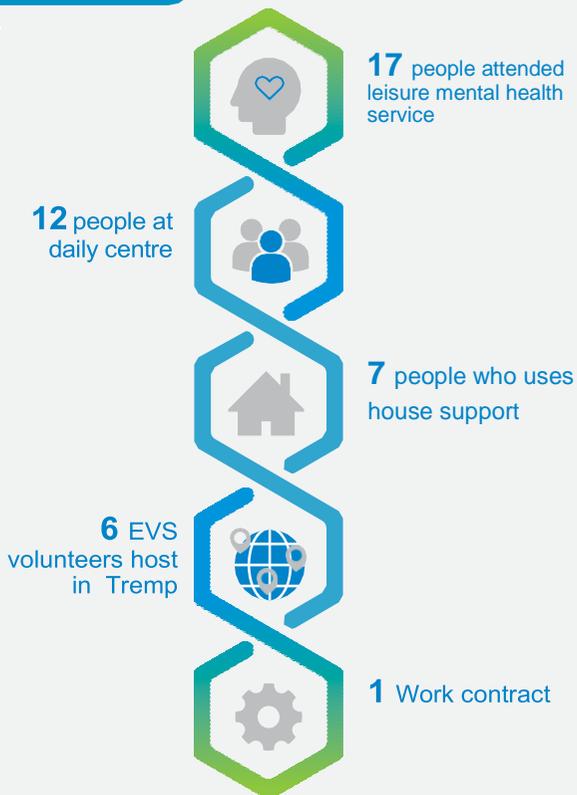
▶ Values

- **Social Commitment** with the people and its territory. We work on attitudes that promote equal opportunities, the autonomy of people and the respect for their privacy.
- **Entrepreneurship and innovation.** We are entrepreneurs and we face the challenges as opportunities to grow and to promote new projects for the benefit of people.
- **Responsibility.** We carry out our work with the utmost rigor and competence towards people and the entity.

Alba Jussà offers services to people of its territory with the cooperation of Consell Comarcal del Pallars Jussà, public administration and other organizations.

Our data

*From 2017-2018



Alba Jussà in its territory

**From 2017-2018

We attend 37 people from Pallars Sobirà and Pallars Jussà



Services we offer in Alba Jussà



Leisure Mental health service

- ▶ Service that is constituted as a resource of social inclusion aimed at people with mental illness through leisure activities.
- ▶ Through leisure activities, we want to offer social support to people in order to foster social and community participation and, therefore, their roots and identification with their own environment. At the same time, it wants to promote new emotional ties and expand the person's relationship network.
- ▶ When do we do activities: From Monday to Friday and some weekends.



Did you know that...?

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Activities we plan, are evaluated quarterly through and assembly where we promote an actively methodology in which the people decide what they want to do.

WE are all Changemakers!!!



Daily Centre

- ▶ Daily service that offers rehabilitation and enabling attention to people with learning problems
- ▶ Equipament d'acolliment diürn que ofereix atenció rehabilitadora i habilitadora a persones amb discapacitat intel·lectual en edat laboral.
- ▶ It is an open space that also pretends participate with and in the region in order to promote the awareness and social integration.
- ▶ Timetable: From Monday to Friday



Daily centre is placed in: C/Pau Casals, 1 in Tremp.



Support to people who live individually

- ▶ This program contributes to the development of the person to enable their autonomy at home.

- ▶ For this reason, support is provided in daily life organization activities as well as in other aspects related to training, skills and social skills to improve coexistence, social relationships and participation.

We support the people who live alone and we give the needs for their independent life.



ESC. European Solidarity Corps

- ▶ We host volunteers from 18 to 30 years, coming from different countries in Europe to develop their Voluntary activity service.
- ▶ Thanks to their commitment we can develop new activities and reinforce the relationship with other Organizations in the territory



Centre Special of Work

- ▶ It develops a social commitment that ensures a paid job to some people with disabilities and it guaranties their inclusion to the society.

At this moment the work opportunities we have in Pallars are: Cleaning

- ▶ public gardens and parcs, cleaning cars and cleaning public buildings. Also we work with local enterprises that can to ensure the possibility to continue ensuring work placements.



▶ What do we want in future

- ▶ Do real inclusive services in residences and leisure activities.
Giving the possibility to ensure trainings and jobs in Pallars Jussà
- ▶ Promoting a more committed society and be a really inclusive territory
- ▶

Alba Jussà



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Suports i col·laboracions
amb el Pallars Jussà:

Comptem amb el suport de l'administració i la col·laboració d'entitats del territori per dur a terme projectes diversos. Creiem que la unió d'esforços i la cooperació entre entitats, són la clau per continuar avançant.

Generalitat de Catalunya, Consell Comarcal del Pallars Jussà, Salut Mental Catalunya, Federació Allem, Ajuntament de Tremp, Taula de Salut Mental del Pallars Jussà, Associació Reintegra, Ajuntaments del Pallars i Projecte Home.



Consell Comarcal del Pallars Jussà



Generalitat de Catalunya
Departament de Treball,
Afers Socials i Famílies



Segueix-nos:

