

CALL FOR PARTICIPANTS**“Do you See Borders?”**

Key Action 1: Youth Exchange

**Duration:**

8 days (travel days included)

From 1st to 8th July 2019**Location:**

The youth exchange will take place in a vacation centre, in a quite mountainous area of France. The participants will be hosted in Matrassière centre in Saint Julien en Vercors, a little village in the Drôme department, located one hour away from Grenoble and 2 hours from Lyon.

The participants will sleep in big tents around the vacation centre, every tent hosting 6 or 8 beds. The tents are equipped with wood stoves in case of cold weather.

The participants will share the public bathroom and toilets in the centre right next to the tents area.

Meals will be also served in the centre's dining room and prepared with bio-based products. From Monday to Friday afternoon, all meals will be provided by the centre's

cooks. From Friday evening to Sunday evening, participants will prepare their own food all together.

The participants will have several rooms at their disposal for their activities.

Keep in mind that the accommodation site is quite rural and isolated.

Some excursions may be organized during the week to discover the beautiful surroundings.

Participating countries:

France, Estonia, Spain, and Turkey.

Participants:

16 young people from 18 to 30 years old + 4 youth leaders (4 participants + 1 youth leader for each country). Groups of participants from each country should be gender balanced.

Participants need to be interested in the topics tackled by the youth exchange, and motivated to actively participate to the activities.

Good knowledge of English language would be useful to be able to actively participate in the exchange.

Youth leaders:

Each participant organization will be in charge of recruiting 1 youth leader from each participant country. Youth leaders must be interested in the topics covered by the exchange and willing to actively participate in the designing and organisation of the activities. The role of youth leaders will be the following:

- Attending the planning visit in Lyon **from 17th - 20th May 2019** to organise the activities that will take place during the exchange.
- Assist participants from their countries with travel and visa arrangements.
- Prepare participants from their countries for the topics that will be covered in the youth exchange.

Young people who are interested in being a youth leader for this exchange must apply before 1st April 2019.

Language: English.

Background of the project:

Concordia is an organisation of non-formal education, which promotes intercultural exchanges. Our traditional activity is the organisation of international workcamps, and one of its main goals is to allow participants to get open-minded and develop non-formal skills as autonomy and self-confidence, by meeting and living during few weeks with people from all over the world with different cultural and social background and doing a voluntary work. We also involve a lot of long-term volunteers (civic service, EVS and 'benevoles') into the activity of our organization.

This Youth Exchange comes from our wish to mix intercultural exchanges with the topics of breaking borders and vanishing stereotypes in young people's minds.

We hope that participants will be motivated to tackle these issues with us, confront their points of view and make this Youth Exchange project the most fascinating we can as one more step to build a border-free society without stereotypes!

Themes and short presentation:

- **Cultural diversity and identity**
- **Solidarity and tolerance**
- **Breaking stereotypes and borders**

This Youth Exchange deals mainly with the topics of stereotypes, cultural diversity, developing tolerance and fostering integration processes.

This project is the opportunity to share different experiences related to these items, both at individual and national level. It will allow participants to talk about their realities, but also, thanks to peer-learning process, to exchange ideas and points of view between each other.

The Youth Exchange also focuses on self-expression. Some parts of the program will be dedicated to interactive activities about the topics that will allow to go deeper into the subject. The participants will be offered a chance to experiment different means of self-expression through body language as a different approach to raise awareness about the topic. There will be workshops on forum theatre or improvisation for example.

At the end of the project the participants will put together a flash mob performance based on the things they have learned within the week and reflecting the intercultural aspects of the group.

At the last day of the program the participants will present in public the results of the project with their flash mob performance. A video will also be created by the participants to disseminate the results of the project.

Main objectives:

To develop young's capabilities to have an open mind for integration, tolerance and stereotypes free thinking. To allow participants to learn self-expression techniques that can be used for raising awareness about these issues in the future.

Specific objectives:

- To strengthen the mutual understanding between youngsters from different cultural and social backgrounds;
- To allow youngsters to become more open-minded and develop their self-confidence through artistic workshops;
- To build tolerance and cultural understanding;
- To learn about oneself and one's prejudices;
- To improve self-expression skills both in body language and in verbal speech;
- To promote the feeling of belonging to the society (at local and European level);
- To give the tools for spreading the ideas tackled during the Youth Exchange.

Methodology:

The methodology (non-formal education, discussions and debates, simulation games, theoretical contributions) and the structure of the youth exchange will encourage an active involvement of each participant in order to develop competences and new tools for personal and social development. Non-formal education tools will be used to create a friendly and caring atmosphere, considering each participant in his or her diversity, personality and culture, so that each person can feel free to express him(her)self, share his or her experiences, teach and learn from the others. Participants will be encouraged to be responsible for their learning process. Artistic workshops will allow the youngsters to discover new ways of expression, encouraging their creativity and ability to create collectively, and to gain self-confidence.

Financial conditions:

All the costs for food and accommodation as well as the program costs will be covered by organizers.

The travel costs return to Saint-Julien-en-Vercors will be covered within the following limits depending on the departure country (based on the European Union distance calculator):

- France – 20 euros
- Spain – 275 euros
- Estonia, Turkey – 360 euros

Concordia would like to encourage participants to buy travel tickets ASAP to enjoy economical prices. Please do not buy travel tickets until your participation has been approved by Concordia. All the travel costs will be reimbursed around 3 months after the end of the training course.

Please note that the process of reimbursement will be carried out directly with the applicant organizations and not with the individual participants.

We kindly remind all participants to keep the original tickets to be able to send them to us.

DEADLINE FOR APPLICATIONS: 15th May 2019 (1st April 2019 if you want to be a youth leader)

The detailed info-pack including the preliminary planning, the logistical details and travel tips will be sent to the chosen participants after the selection.

CONTACT PERSON:

Estelle Duquesnois
Concordia Rhône-Alpes
cd.rhone-alpes@concordia.fr
Tel. +33 (0)4.72.60.97.56