

# SEEDS OF CHANGE

## Non Formal Education Tools for Sustainable Consumption

### PROJECT DESCRIPTION

#### METHODOLOGY:



The whole project will be based on non formal education - **NFE methodologies**. It will be proposed a **learning by doing** approach, where each activity is based on specific learning objectives in order to better target the educational action and to ensure a coherent learning process of individuals and groups.

#### AIM:



To develop tools and working methods, among youth workers, educators and group leaders, to **promote sustainability through responsible food consumption and waste production.**

#### TOPICS:

▶ **Active citizenship and inclusion**



▶ **Food life cycle**



▶ **Responsible consumption**



#### PARTNERS

LUNARIA

ITALY

CONCORDIA

FRANCE

OTRA ESCUELA

SPAIN

DOPE

GERMANY

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Erasmus+

# TIMELINE AND VENUES

| DATES   | ACTIVITY and OBJECTIVES   | TARGET GROUPS  | VENUE  |
|---|---|--|--|
| <p>23rd – 29th of November 2022<br/>(22 November arrival day – 30 November departure day)</p>   | <p><b>TRAINING COURSE</b></p> <ul style="list-style-type: none"> <li>to develop social competences and skills to get more empowered to be facilitators and youth workers;</li> <li>to explore the issues around food and waste production, and further raise awareness on related aspects;</li> <li>to experiment methodologies and activities to afterwards raise youth awareness on the subject.</li> </ul> | <ul style="list-style-type: none"> <li>youth workers, educators and trainers with some experience in non formal education, interested in the topic.</li> </ul> <p>(18+ aged)</p>   | <p>Italy,<br/>La Buona Terra<br/>-<br/>Passignano sul Trasimeno (PG)</p>   |
| <p>January 2023<br/>(dates to be defined)</p>   | <p><b>ADVANCE PLANNING VISIT</b></p> <ul style="list-style-type: none"> <li>to gather the future group leaders in order to prepare the upcoming the Youth Exchanges - YEs</li> </ul>  | <ul style="list-style-type: none"> <li>the future group leaders of the youth exchange, same profile of training course</li> </ul>  | <p>ONLINE</p>  |
| <p>20th – 27th of February 2023<br/>(19th arrival day - 28th departure day)</p>   | <p><b>YOUTH EXCHANGE</b></p> <ul style="list-style-type: none"> <li>to promote exchange, understanding and intercultural learning through sustainable and environmental friendly actions</li> <li>to raise youth awareness on food and waste production</li> </ul>  | <ul style="list-style-type: none"> <li>young people (aged between 18-25) interested in the topic and 1 group leader (previously involved in the TC and APV). <b>Note: It is encouraged the participation of young people and youth with fewer opportunities, coming from more challenging backgrounds</b></li> </ul> | <p>Italy,<br/>La Buona Terra<br/>-<br/>Passignano sul Trasimeno (PG)</p>   |
| <p><b>You are HERE</b> </p> <p>4th -11th of May 2023<br/>(3rd arrival day- 12th departure day)</p> | <ul style="list-style-type: none"> <li>to promote exchange, understanding and intercultural learning through sustainable and environmental friendly actions</li> <li>to raise youth awareness on food and waste production</li> </ul>   | <ul style="list-style-type: none"> <li>young people (aged between 18-25) interested in the topic and 1 group leader (previously involved in the TC and APV). Note: It is encouraged the participation of young people and youth with fewer opportunities, coming from more challenging backgrounds</li> </ul>        | <p>Italy,<br/>La Buona Terra<br/>-<br/>Passignano sul Trasimeno (PG) </p> |

**\* Due to the particular instability of this period, related to the COVID19 pandemics and the different policies applied in each country, the dates and venue of the actions might change. Some of the activities might also be translated online.**

# GENERAL REMARK CONCERNING TRAVEL COSTS AND REFUNDS

The **travel distance** (included in the budget shown on the right side) is calculated according to the main office location of partner organizations and to the Travel Distance calculator of the Erasmus+:

Moreover, participants, informing the organizations in advance, will have the chance to opt for the **green travel** using more sustainable and eco-friendly means of transport (train, buses and carpooling).

Participants will be refunded after the end of the mobility (training course, youth exchange, etc), upon the presentation of their travel documents.

The **refund process can take around 4-6 months** and it will be done directly to the sending organizations bank account, not to the participants' bank accounts.

## HOW TO PARTICIPATE

For sending your expression of interest, please contact the official partner in your country, that will provide you with all the necessary documents to be filled in.



## GENERAL REMARK FOR PARTICIPATION

- To be in the target group forecasted by the project.
- To **test negative 24 hours before** the arrival day
- To purchase a Covid-19 insurance to cover an eventual quarantine (depending on the period and the situation of the pandemic)

# FINANCIAL CONDITIONS

## TRAVEL COSTS for all the actions

| TRAVEL DISTANCE  | STANDARD TRAVEL | GREEN TRAVEL |
|------------------|-----------------|--------------|
| • 100 - 499 km   | 180,00 €        | 210,00 €     |
| • 500 - 1999 km  | 275,00 €        | 320,00 €     |
| • 2000 - 2999 km | 360,00 €        | 410,00 €     |

## FOOD AND LODGEMENT COSTS for all the actions

Covered by the coordinating organization at **100%**.

